











Independent Living Activity Calendar– July 2024 The Gardens of Taylor Glen

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Taylor Glen 3700 Taylor Glen Lane Concord, NC 28027 704-788-6510</p> 	<p>1 9:00 Get Fit Exercise-CH 9:30 Chair Yoga-CH 10-11:30 Resident Free swim/Gym 10:00 Al Stanford Bible Study-MR 11:00 Design your 4th T-Shirts-AR 1:00 Poker –BR 1:30 Aqua Aerobics/Gym 2:00-4:00 Free/Guest Swim</p>	<p>2 9:00 Get Fit Exercise-CH 10:00 Art Class w/ Marie-AR 10:30 Bible Study w/ Rev. Sammy-AU 1:30 Bible Study w/ Rev. Sammy-AU 1:30 Water Walking/Gym 2:00 Creating Memories-Scrapbooking -AR 3:00 Hooked on Electronics-Library</p>	<p>3 9:00 Get Fit Exercise-CH 10-11:30 Resident Free swim/Gym 11:00 Grocery Outing-Food lion 1:00 Billiards Battles-BR 1:30 Aqua Aerobics/Gym 2:00 Blank Slate Game-AR 6:30 Dominos-CR 7:00 Outdoor Games-Grass area between B&C</p>	<p>4 Happy July 4th 9:00 Get Fit Exercise-CH 9:30 Chair Yoga-CH 10:30 Devotions w/ Rev. Sammy 12:00-2:00 Special Lunch 1:00 Bridge-CR 1:30 Water walking/Gym 2:30 4th of July Parade and Watermelon Social in Café 6:30 Canasta/Hand & Foot 7:00 Outdoor Games-Grass area-B&C building</p> 	<p>5 9:00 Get Fit Exercise-CH 10:15 Coffee and Tea –CR 1:30 Aqua Aerobics/Gym 2:00 Game-Uzzle –AR 3:00 Cheese and Spirits-Café</p>	<p>6 10:00 Breakfast Club -Café' 1:30 Mahjong/ CR 6:30 Bingo / Café</p>
<p>7 6:00 Worship Service w/ Sammy-AU</p> 	<p>8 9:00 Get Fit Exercise-CH 9:30 Chair Yoga-CH 10-11:30 Resident Free swim/Gym 10:00 Game-urban myth 1:00 Canasta-CR 1:00 Poker-BR 1:30 Aqua Aerobics/Gym 2:00-4:00 Free /Guest Swim</p>	<p>9 8:30 Outing: Lets go walking at Frank Liske Park 10:00 Art Class w/ Marie-AR 10:30 Bible Study w/ Sammy-AU 1:30 Water Walking/Gym 1:30 Bible Study w/ Rev. Sammy 3:00 Hooked on Electronics-LR 6:30 Mahjong 6:30 Special Music-Dialed-In -AD 6:30 Special Music-Dialed-In</p>	<p>10 9:00 Get Fit Exercise-CH 10-11:30 Resident free swim/gym 11:00 Grocery Outing-Walmart 1:00 Billiard Battles –BR 1:30 Aqua Aerobics/Gym 2:00 Outing: S&I Ice Cream 2:30 Scrabble-CR 6:00-8:00 Family Night w/ Racheal Wonderland-AU 6:30 Dominos-CR 7:00 Outdoor Games-Grass Area be-</p>	<p>11 9:00 Get Fit Exercise-CH 9:30 Chair Yoga-CH 9:30 Men's Coffee –CR 10:30 Women's Fellowship-AU 1:00 Bridge-CR 1:30 Water Walking /Gym 3:00 Devotional w/ Sammy-AU 6:30 Canasta/Hand &Foot CR 7:00 Outdoor Games-Grass area between B&C building</p>	<p>12 9:00 Get Fit Exercise-CH 10:15 Coffee and Tea-CR 11:00 Devotions by Faith-CH 1:30 Aqua Aerobics/gym 3:00 Cheese and Spirits-Café</p>	<p>13 10:00 Breakfast Club – Café 1:30 Mahjong/ CR 6:30 Bingo / Café</p>
<p>14 6:00 Worship Service w/ Sammy– AU</p> 	<p>15 9:00 Get Fit Exercise-CH 9:30 Chair Yoga-CH 10-11:30 Resident Free swim/Gym 10:00 Outing to the White Water Center and lunch 1:00 Poker-BR 1:30 Aqua Aerobics/Gym 2:00-4:00 Free/Guest Swim 6:30 Taylor Glen Singers Practice</p>	<p>16 9:00 Wellness Breakfast-DR 10:00 Art Class w/ Marie AR 10:30 Bible Study w/ Rev. Sammy 1:30 Bible Study w/Sammy 1:30 Water Walking/Gym 2:00 Creating Memories-Scrapbooking-AR 3:00 Hooked on Electronics-LR 6:30 Mahjong-CR 6:30 Musical Evening w/your Taylor Glen Friends-AU</p>	<p>17 9:00 Get Fit Exercise-CH 10:00 Blank Slate Game-AR 10-11:30 Resident free swim/gym 11:00 Grocery Outing-Harris Teeter 11:00 Blood Pressure Clinic-LR 1:00 Billiard Battles-BR 1:30 Aqua Aerobics/Gym 2:30 Scrabble-CR 6:30 Dominos-CR 7:00 Outdoor Games-Grass area between B&C buildings</p>	<p>18 9:00 Get Fit Exercise-CH 9:30 Chair Yoga-CH 1:00 Bridge-CR 1:30 Water Walking /Gym 3:00 Devotional w/ Sammy-AU 6:30 Bingo to End Alzheimer's –AU, w/ Guest Caller Stephanie Shaffer 6:30 Canasta/Hand &Foot -CR 7:00 Outdoor Games-Grass area between B&C building</p>	<p>19 9:00 Get Fit Exercise-CH 10:15 Coffee and Tea-/CR 1:30 Aqua Aerobics/Gym 3:00 Cheese and Spirits-Café 6:00 Outing: Davidson Players-Performance-RIPCORD</p>	<p>20 10:00 Breakfast Club -Café 1:30 Mahjong/ CR 6:30 Bingo / Café</p>
<p>21 6:00 Worship Service w/ Sammy-AU</p> 	<p>22 9:00 Get Fit Exercise-CH 9:30 Chair Yoga-CH 10-11:30 Resident Free swim/Gym 11:00 Outing: MexiTime Mexican Grill 1:00 Poker-BR 1:30 Aqua Aerobics/Gym 2:00-4:00 Free/Guest Swim 3:00 WII Bowling-AU</p> 	<p>23 8:30 Lets go walking Squirrel Lake Park in Matthews 10:00 Art Class w/ Marie AR 10:30 Bible Study w/ Sammy-AU 1:30 Bible Study w/ Sammy-AU 1:30 Water Walking/Gym 2:00 Expansion meeting w/ Reed 3:00 Hooked on Electronics-LR 6:30 Mahjong-CR</p>	<p>24 9:00 Get Fit Exercise-CH 10-11:30 Resident free swim/gym 10:30 UNO AR 11:00 Grocery Outing-Publix 12:00 Cookout, Water Games, Kona Ice and music w/ Greazy Keyz 1:00 Billiard Battles-BR 1:30 Aqua Aerobics/Gym 2:30 Scrabble-CR 3:00 Trivia Challenge 6:30 Dominos-CR 7:00 Outdoor Games-Grass area Between B&C buildings</p> 	<p>25 9:00 Get Fit Exercise -CH 9:30 Chair Yoga-CH 9:30 Men's Coffee-CR 11:00 Game-Left, Right, Center –AR 1:00 Bridge-CR 1:30 Water Walking /Gym 3:00 Devotional w/ Sammy-AU 6:30 Special Music-Bill Calisanti-AU 6:30 Canasta/Hand & Foot-CR 7:00 Outdoor Games-Grass area between B&C building</p>	<p>26 9:00 Get Fit Exercise-CH 10:15 Coffee and Tea-CR 11:00 Devotions by Faith-CH 12:00 Monthly Birthday Party-DR 1:00 Summer Olympics Games begin: Javelin Throw-AU 1:30 Aqua Aerobics/Gym 3:00 Special Cheese and Spirits– w/ music by AG AD</p>	<p>27 10:00 Breakfast Club - Café 1:30 Mahjong/ CR 6:30 Bingo / Café</p>
<p>28 6:00 Worship Service w/Sammy-AU</p> 	<p>29 9:00 Get Fit Exercise-CH 9:30 Chair Yoga-CH 10-11:30 Resident Free Swim/Gym 10:30 Outing: Shopping at South Park and lunch 1:00 Poker-BR 1:30 Aqua Aerobics/Gym 2:00-4:00 Free/Guest Swim 3:00 WII Bowling –AU</p>	<p>30 9:00 Get Fit Exercise-CH 10:30 Bible Study w/ Sammy-AU 11:30 Summer Olympic Game-Discus Throw-AU 1:30 Bible Study w/ Sammy-AU 1:30 Water Walking/Gym 2:00 Creating Memories-Scrapbooking-AR 3:00 Hooked on Electronics-LR 6:30 Mahjong-CR</p>	<p>31 9:00 Get Fit Exercise-CH 10-11:30 Resident Free swim/Gym 11:00 Grocery Shopping– Aldi 1:00 Billiard Battles BR 1:30 Water Fitness /Gym 2:30 Scrabble-CR 3:00 Community Meeting 6:30 Dominos-CR 7:00 Outdoor Games-Grass area between B&C building</p>	<p style="text-align: center;"></p>	<p style="text-align: center;"></p>	<p>AU– Auditorium DR– Dining Room CR– Card Room MR– Music Room BR– Billiard Room AR– Activity Room AL AR– Assisted Living Activity Room LR– Library CH-Chapel</p>