
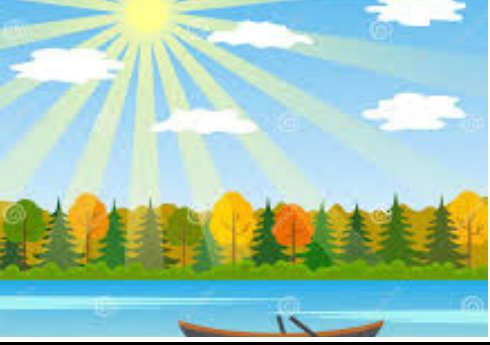

















# Independent Living Activities May 2024 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>AU-Auditorium DR-Dining Room CR-Card Room MR-Music Room BR-Billiard Room CH-Chapel AL AR-Assisted Living AR-Activity Room</p>	 <p><b>Mother's Day</b></p>		<p><b>1</b> 9:00 Get Fit Exercise-CH 10:00 Voting-AR 10:30 Bible Study w/Rev. Scott-AU <b>11:00 Outing: Food Lion</b> 1:00 Billiards Battles-BR 1:30 Water Fitness/Gym <b>6:30 Outdoor Games-Grass Area Between B &amp; C</b> 6:30 Dominos-CR</p> 	<p><b>2 National Day of Prayer</b> 9:00 Get Fit Exercise-CH <b>9:30 Men's Coffee-CR</b> 10:30- National Day of Prayer- See you at the Flag Pole w/ Sammy 1:00 Bridge-CR 1:30 Water Walking/Gym <b>1:00-2:30 Mothers Day Brunch w/ Molly Grantham-AU</b> 3:00 Devotional w/Sammy-AU</p>	<p><b>3</b> 9:00 Get Fit Exercise-CH <b>9:30 Outing: Shopping at Premium Outlet Mall &amp; Lunch</b> 10:15 Coffee and Tea-CR 1:30 Water Fitness/Gym 3:00 Cheese and Spirits</p> 	<p><b>4</b> 10:00 Breakfast Club- Café 1:30 Mahjong-CR 6:30 Bingo-Café</p>
<p><b>5</b> 6:00 Worship Service w/Sammy-AU</p> 	<p><b>6</b> 9:00 Get Fit Exercise-CH 9:30 Chair Yoga-CH <b>10:00 AI Stanford Bible Study- Prophecy Oriented- MR</b> <b>11:00 Meet &amp; Greet w/ Timothy-Cafe'</b> 1:00 Poker 1:30 Water Fitness/Gym 6:30 Choir Practice</p>	<p><b>7</b> 9:00 Get Fit Exercise -CH 10:00 Art Class w/Marie-AR 10:30 Bible Study w/Sammy-AU 1:30 Water Walking/Gym 1:30 Bible Study w/Sammy-AU 3:00 Hooked on Electronics-Library <b>5:30 Outing to Cheerleading Showcase/ Silver Arts Follies at Winkler Middle School</b> 6:30 Mahjong-CR</p>	<p><b>8</b> 9:00 Get Fit Exercise-CH <b>10:00 Outing: Cannonballers vs Delamarva Shorebirds</b> 10:30 Bible Study w/Rev. Scott-AU 1:00 Billiards Battles-BR 1:30 Water Fitness/Gym <b>3:00 Outing: Walmart</b> <b>6:30 First Presbyterian Choir-AU</b> <b>6:30 Outdoor Games-Grass Area Between B &amp; C</b> 6:30 Dominos-CR</p> 	<p><b>9</b> 9:00 Get Fit Exercise-CH 9:30 Chair Yoga <b>10:30 Women's Fellowship-AU</b> 1:00 Bridge-CR 1:30 Water Walking/Gym 3:00 Devotional w/Sammy-AU</p>	<p><b>10</b> 9:00 Get Fit Exercise-CH 10:15 Coffee and Tea-CR 11:00 Devotions of Faith-CH 1:30 Water Fitness/Gym <b>2:00 Volunteers for the Mother's Day Social for AL, MEU &amp; HCU-CH</b> 3:00 Cheese and Spirits</p> 	<p><b>11</b> 10:00 Breakfast Club- Café 1:30 Mahjong-CR 6:30 Bingo-Café</p>
<p><b>12 Happy Mother's Day</b></p>  <p>6:00 Worship Service w/ Sammy-AU</p>	<p><b>13</b> 9:00 Get Fit Exercise-CH 9:30 Chair Yoga-CH 10:00 AI Stanford Bible Study- Prophecy Oriented- MR 1:00 Poker 1:30 Water Fitness/Gym <b>3:30- 5:00 Family/ Friend Guest Swim</b></p> 	<p><b>14</b> 9:00 Get Fit Exercise -CH <b>9:00 Boat Trip on Lake Norman w/ Mitch Frye</b> 10:00 Art Class w/Marie-AR 10:30 Bible Study w/Sammy-AU 1:30 Water Walking/Gym 1:30 Bible Study w/Sammy-AU 3:00 Hooked on Electronics-Library 6:30 Mahjong-CR</p>	<p><b>15</b> 9:00 Get Fit Exercise-CH 10:30 Bible Study w/Rev. Scott-AU <b>9:00 Outing: Harris Teeter Club, Lake Norman</b> 1:00 Billiards Battles-BR 1:30 Water Fitness/Gym <b>6:30 Special Music w/ Jenny Wayne-AU</b> 6:30 Outdoor Games-Grass Area Between B &amp; C 6:30 Dominos-CR</p> 	<p><b>16</b> 9:00 Get Fit Exercise -CH 9:30 Chair Yoga <b>9:30 Men's Coffee-CR</b> <b>11:00 Women's Health-Cafe'</b> 1:00 Bridge-CR <b>1:00 Book Club w/Sammy-MR</b> 1:30 Water Walking/Gym 3:00 Devotional w/Sammy-AU</p>	<p><b>17</b> 9:00 Get Fit Exercise-CH 10:15 Coffee and Tea-CR <b>10:30-12:00 Community Day Clean Up on Pool Patio</b> <b>12:00 Hot Dogs, Music &amp; More on Pool Patio</b> <b>1:30 Curious Minds-AL AR</b> 1:30 Water Fitness/Gym 3:00 Cheese and Spirits</p>	<p><b>18</b> 10:00 Breakfast Club- Café 1:30 Mahjong-CR 6:30 Bingo-Café</p>
<p><b>19</b> 2:30 Piano Recital w/ Bryan Piano Studio 6:00 Worship Service w/ Sammy- AU</p> 	<p><b>20</b> 9:00 Get Fit Exercise-CH <b>8:45 Corn Hole Senior Games to Watch &amp; Lunch at ChopHouse 101</b> 9:30 Chair Yoga-CH 10:00 AI Stanford Bible Study- Prophecy Oriented- MR 1:00 Poker 1:30 Water Fitness/Gym 6:30 Choir Practice</p> 	<p><b>21</b> 9:00 Wellness Breakfast-DR 10:00 Art Class w/Marie-AR 10:30 Bible Study w/Sammy-AU 1:30 Water Walking/Gym 1:30 Bible Study w/Sammy-AU 3:00 Hooked on Electronics-Library 6:30 Mahjong-CR</p>	<p><b>22</b> 9:00 Get Fit Exercise-CH <b>9:00 Outing: Lazy 5 Ranch &amp; Picnic</b> 10:30 Bible Study w/Rev. Scott-AU 1:00 Billiards Battles-BR 1:30 Water Fitness/Gym 3:00 Outing: Publix 6:30 Outdoor Games-Grass Area Between B &amp; C 6:30 Dominos-CR</p> 	<p><b>23</b> 9:00 Get Fit Exercise-CH 9:30 Chair Yoga <b>11:30 Religious Team-AR</b> <b>12:00 Monthly Birthday Party</b> 1:00 Bridge-CR 1:30 Water Walking/Gym 3:00 Devotional w/Sammy-AU <b>3:30-5:00 Family/Friend Guest Swim</b></p> 	<p><b>24</b> 9:00 Get Fit Exercise-CH 10:15 Coffee and Tea-CR 11:00 Devotions of Faith-CH <b>1:00 Uniguest Communication Launch Party</b> 1:30 Water Fitness/Gym <b>3:00 Special Cheese and Spirits on Pool Patio, Music with AG &amp; Jim Cooper</b></p> 	<p><b>25</b> 10:00 Breakfast Club- Café 1:30 Mahjong-CR 6:30 Bingo-Café</p>
<p><b>26</b> 3:00 Piano Recital w/ Karla Williams-AU 6:00 Worship Service w/Sammy-AU</p>	<p><b>27 Memorial Day</b> 9:00 Get Fit Exercise-CH 9:30 Chair Yoga-CH 10:00 AI Stanford Bible Study- Prophecy Oriented- MR 1:00 Poker 1:30 Water Fitness/Gym <b>3:00 Memorial Day Program- A Time to Remember</b> 6:30 Book Club-Library</p> 	<p><b>28</b> 9:00 Get Fit Exercise -CH <b>9:00 Boat Trip on Lake Norman w/ Mitch Frye</b> 10:00 Art Class w/Marie-AR 10:30 Bible Study w/Sammy-AU 1:30 Water Walking/Gym 1:30 Bible Study w/Sammy-AU <b>2:00 Expansion Updates w/ Reed Vanderslik-AU</b> 6:30 Mahjong-CR</p>	<p><b>29</b> 9:00 Get Fit Exercise-CH 10:30 Bible Study w/Rev. Scott-AU <b>11:00 Outing: Aldi</b> 1:00 Billiards Battles-BR 1:30 Water Fitness/Gym <b>3:00 Community Meeting-AU</b> 6:30 Dominos-CR</p>	<p><b>30</b> 9:00 Get Fit Exercise-CH 9:30 Chair Yoga <b>10:00 Outing: Jocko's Mini Golf</b> 1:00 Bridge-CR 1:30 Water Walking/Gym 3:00 Devotional w/Sammy-AU</p> 	<p><b>31</b> 9:00 Get Fit Exercise-CH <b>9:30 Outing: JoLo Winery &amp; Vineyard, Lunch &amp; Tastings</b> 10:15 Coffee and Tea-CR 1:00 Unigest Communication Makeup Day 1:30 Water Fitness/Gym 2:30 Piano Concert w/ Gretchen Brown-CH 3:00 Cheese and Spirits-Café 6:30 Movie Night: Break Every Chain</p> 