








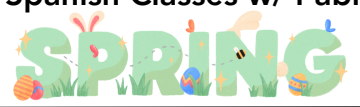
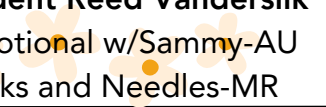







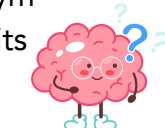




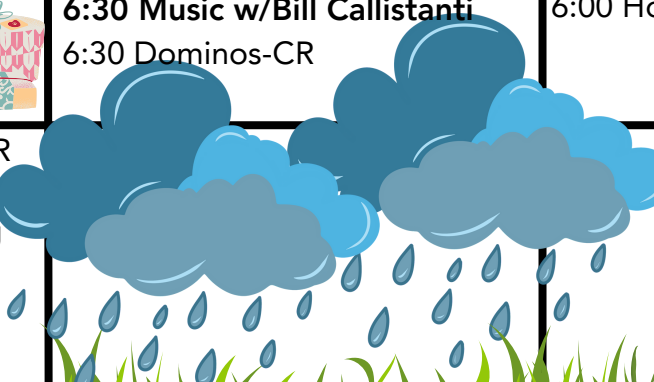
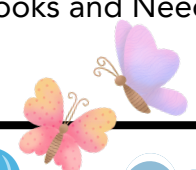





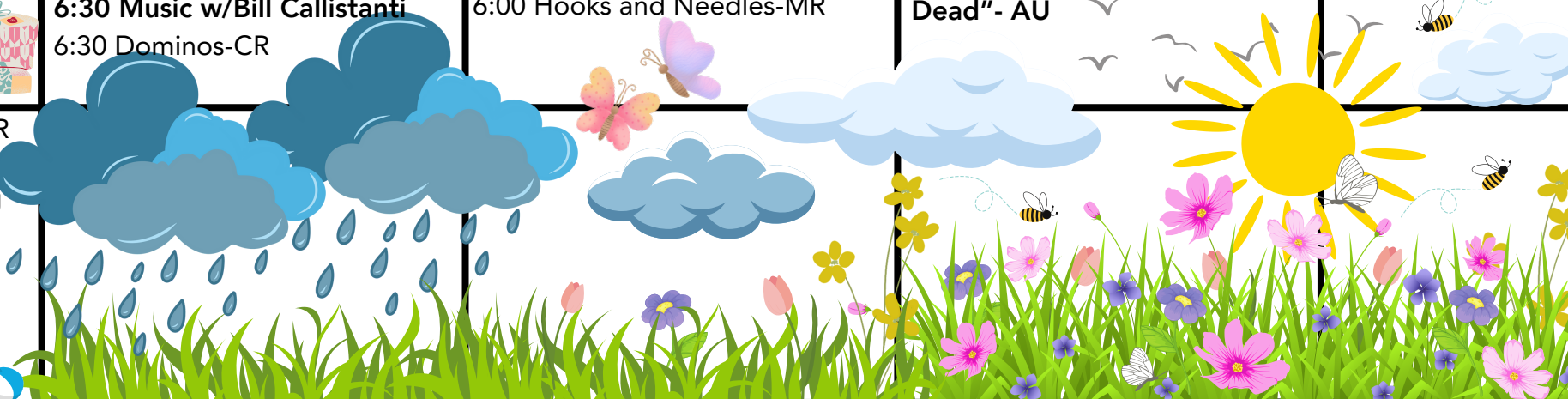
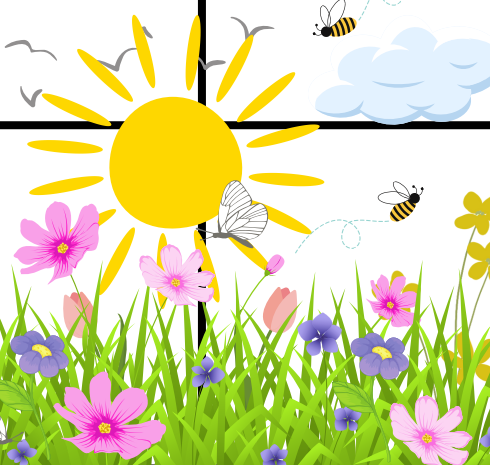


Independent Living Activities April 2024 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>AU-Auditorium DR-Dining Room CR-Card Room MR-Music Room BR-Billiard Room CH-Chapel AL AR-Assisted Living AR-Activity Room</p>	<p>1 9:00 Get Fit Exercise-CH 9:30 Outing to Senior Games-Basketball 11:00 Walking Group/ Meet at the Front Lobby 1:00 Poker-BR 1:30 Water Fitness/Gym 6:30 Choir Practice</p> 	<p>2 9:00 Get Fit Exercise -CH 10:00 Art Class w/Marie-AR 10:30 Bible Study w/Sammy-AU 1:30 Water Walking/Gym 1:30 Bible Study w/Sammy-AU 3:00 H.O.E- Lib 3:30-5:00 Free Guest Swim 6:30 Mahjong-CR</p> 	<p>3 9:00 Get Fit Exercise-CH 10:30 Bible Study w/Rev. Scott-AU 11:00 Outing: Food Lion 1:00 Billiards Battles-BR 1:30 Water Fitness/Gym 6:30 Dominos-CR 6:30 Spanish Classes w/ Pablo-AR</p> 	<p>4 9:00 Get Fit Exercise-CH 9:30 Chair Yoga -CH 9:30 Men's Coffee-CR 1:00 Bridge-CR 1:30 Water Walking/Gym 3:00 Devotional w/Sammy-AU 6:00 Hooks and Needles-MR</p> 	<p>5 9:00 Get Fit Exercise-CH 10:15 Coffee and Tea-CR 10:00 Memorial Gardens & Lunch Outing, Table 11 1:30 Water Fitness/Gym 3:00 Special Cheese & Spirits on the Patio & Music w/ Jim Cooper & AG</p> 	<p>6 10:00 Breakfast Club- Café 1:30 Mahjong-CR 6:30 Bingo-Café</p> 	
<p>7 6:00 Worship Service w/Sammy-AU</p>  <p>Name Tag Week</p>	<p>8 9:00 Get Fit Exercise-CH 11:00 Walking Group/ Meet at the Front Lobby 1:00 Poker-BR 1:30 Water Fitness/Gym 2:00 Jeanne's 100th Birthday Party-AU</p> 	<p>9 10:00 Art Class w/Marie-AR 10:30 Bible Study w/Sammy-CH 1:30 Water Walking/Gym 1:30 Bible Study w/Sammy-CH 3:00 H.O.E- Lib 6:30 Mahjong-CR</p> 	<p>10 9:00 Get Fit Exercise-CH 10:30 Bible Study w/Rev. Scott-AU 11:00 Outing: Walmart 1:00 Billiards Battles-BR 1:30 Water Fitness/Gym 6:30 Dominos-CR 6:30 Spanish Classes w/ Pablo-AR</p> 	<p>11 9:00 Get Fit Exercise-CH 9:30 Chair Yoga -CH 10:30 Women's Fellowship-AU 1:00 Bridge-CR 1:30 Water Walking/Gym 2:00 Expansion Update with President Reed Vanderslik 3:00 Devotional w/Sammy-AU 6:00 Hooks and Needles-MR</p> 	<p>12 9:00 Get Fit Exercise-CH 10:15 Coffee and Tea-CR 11:00 Devotions of Faith-CH 1:30 Water Fitness/Gym 3:00 Cheese and Spirits Swap and Shop (All day - AR)</p> 	<p>13 10:00 Breakfast Club- Café 1:30 Mahjong-CR 6:30 Bingo-Café</p> 	
<p>14 6:00 Worship Service w/Sammy-AU</p> 	<p>15 9:00 Get Fit Exercise-CH 11:00 Lunch Outing: Bubbah's Bunkhouse 1:00 Poker-BR 1:30 Water Fitness/Gym 6:30 Choir Practice</p> 	<p>16 9:00 Get Fit Exercise -CH 10:00 Art Class w/Marie-AR 10:30 Bible Study w/Sammy-AU 1:30 Water Walking/Gym 1:30 Bible Study w/Sammy-AU 3:00 H.O.E- Lib 6:30 Mahjong-CR 6:30 Dancing to the Light Queen City Ringers-AU</p> 	<p>17 9:00 Get Fit Exercise-CH 10:30 Bible Study w/Rev. Scott-AU 11:00 Outing: Harris Teeter 1:00 Billiards Battles-BR 1:30 Water Fitness/Gym 6:30 Dominos-CR 6:30 Spanish Classes w/ Pablo-AR</p> 	<p>18 9:00 Get Fit Exercise -CH 9:30 Chair Yoga -CH 9:30 Men's Coffee-CR 1:00 Bridge-CR 1:30 Water Walking/Gym 3:00 Devotional w/Sammy-AU 6:00 Hooks and Needles-MR</p> 	<p>19 9:00 Get Fit Exercise-CH 10:15 Coffee and Tea-CR 11:00 Walking Group/ Meet at the Front Lobby 1:00 Curious Minds-AU 1:30 Water Fitness/Gym 3:00 Cheese and Spirits</p> 	<p>20 10:00 Breakfast Club- Café 1:30 Mahjong-CR 6:30 Bingo-Café</p> 	
<p>21 8:00 Beta Induction Ceremony-Carolyn Bryan 6:00 Memorial Service w/ Sammy-AU</p> 	<p>22 Podiatrist will be Here 9:00 Get Fit Exercise-CH 9:30 Chair Yoga-CH 1:00 Poker-BR 1:30 Water Fitness/Gym 3:00 First Citizens Bank: Financial Literacy Seminar about Fraud 6:30 Choir Practice</p> 	<p>23 9:00 Get Fit Exercise -CH 10:00 Art Class w/Marie-AR 10:30 Bible Study w/Sammy-AU 12:00 April Birthday Party-Cafe 1:30 Water Walking/Gym 1:30 Bible Study w/Sammy-AU 3:00 H.O.E- Lib 6:30 Mahjong-CR</p> 	<p>24 9:00 Get Fit Exercise-CH 10:30 Bible Study w/Rev. Scott-AU 11:00 Outing: Publix 1:00 Billiards Battles-BR 1:30 Water Fitness/Gym 3:00 Community Meeting-AU 6:30 Music w/Bill Callistanti 6:30 Dominos-CR</p> 	<p>25 9:00 Get Fit Exercise-CH 9:30 Chair Yoga 11:30 Religious Team-AR 1:00 Bridge-CR 1:30 Water Walking/Gym 3:00 Devotional w/Sammy-AU 6:00 Hooks and Needles-MR</p> 	<p>26 9:00 Get Fit Exercise-CH 10:15 Coffee and Tea-CR 11:00 Devotions of Faith-CH 1:30 Water Fitness/Gym 3:00 Cheese and Spirits 6:30 Movie night: "God's Not Dead"- AU</p> 	<p>27 10:00 Breakfast Club- Café 1:30 Mahjong-CR 6:30 Bingo-Café</p> 	
<p>28 6:00 Worship Service w/Sammy-AU</p> 	<p>29 9:00 Get Fit Exercise-CH 9:30 Outing: Lake Lure Flowering Bridge & lunch at "La Strada" 1:00 Poker-BR 1:30 Water Fitness/Gym 6:30 Book Club-Library</p> 	<p>30 9:00 Wellness Breakfast-DR 10:00 Art Class w/Marie-AR 10:30 Bible Study w/Sammy-AU 1:30 Water Walking/Gym 1:30 Bible Study w/Sammy-AU 3:00 H.O.E- Lib 3:30-5:00 Free Guest Swim 6:30 Mahjong-CR</p> 				<p>31 9:00 Get Fit Exercise-CH 9:30 Chair Yoga 10:30 Bible Study w/Rev. Scott-AU 11:00 Outing: Publix 1:00 Billiards Battles-BR 1:30 Water Fitness/Gym 3:00 Community Meeting-AU 6:30 Music w/Bill Callistanti 6:30 Dominos-CR</p> 	<p>1 9:00 Get Fit Exercise-CH 9:30 Chair Yoga 10:30 Bible Study w/Rev. Scott-AU 11:00 Outing: Publix 1:00 Billiards Battles-BR 1:30 Water Fitness/Gym 3:00 Community Meeting-AU 6:30 Music w/Bill Callistanti 6:30 Dominos-CR</p> 